



Name: _____ Phone: (____) _____ DOB: _____

Address: _____ City: _____ State: _____ Zip: _____

E-mail: _____ Occupation: _____ ☐ Male ☐ Female

Referred By: _____ Phone: (____) _____

In Case of Emergency: _____ Phone: (____) _____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

Have you experienced a professional massage or bodywork session? ☐ Yes ☐ No How recently? _____

What are your massage or bodywork goals? _____

What kind of pressure do you prefer? ☐ Light ☐ Medium ☐ Firm

If you answer "yes" to any of the following questions, please explain as clearly as possible.

☐ Yes ☐ No Do you frequently suffer from stress?

☐ Yes ☐ No Do you bruise easily?

☐ Yes ☐ No Do you have Diabetes?

☐ Yes ☐ No Broken bones in the past two years?

☐ Yes ☐ No Experience frequent headaches?

☐ Yes ☐ No Any injuries in the past two years?

☐ Yes ☐ No Are you pregnant?

☐ Yes ☐ No Tension or soreness in a specific area?

☐ Yes ☐ No Do you suffer from arthritis?

Specify: _____

☐ Yes ☐ No Are you wearing contact lenses?

☐ Yes ☐ No Are you wearing dentures?

☐ Yes ☐ No Cardiac or circulatory problems?

☐ Yes ☐ No Do you have high blood pressure?

☐ Yes ☐ No Do you suffer from back pain?

☐ Yes ☐ No Taking high blood pressure medication?

☐ Yes ☐ No Numbness or stabbing pain?

☐ Yes ☐ No Diagnosed with epilepsy or seizures?

☐ Yes ☐ No Sensitive to touch or pressure?

☐ Yes ☐ No Do you suffer from joint swelling?

☐ Yes ☐ No Ever had surgery? Explain below.

☐ Yes ☐ No Do you have varicose veins?

☐ Yes ☐ No Other medical conditions, or are you

☐ Yes ☐ No Do you have any contagious disease?

☐ Yes ☐ No Are you taking any medications I should know?

☐ Yes ☐ No Do you have osteoporosis?

☐ Yes ☐ No Do you have any allergies?

Comments: _____

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be constructed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be constructed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioners part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature: _____ Date: _____

Practitioner Signature: _____ Date: _____

Consent to Treatment for a Minor: By my signature below I hereby authorize _____ to administer massage, bodywork, or somatic therapy techniques to my child or dependent as they deem necessary.

Signature of Parent or Guardian: _____ Date: _____